

FITTLEWORTH FLYERS 5 RESULTS 2009

Race		Race							
Number	Position	Mins	Secs	Time	Name	Surname	Sex	Running Club	WSFRL
79	1	30	01	0:30:01	Leighton	Aspell	M	Arunners	Y
343	2	31	50	0:31:50	Phil	Radford	M	Haywards Heath Harriers	Y
167	3	32	07	0:32:07	Chris	Bennett	M	Worthing Harriers	Y
291	4	32	19	0:32:19	Kevin	McGreal	M	Chichester Runners	Y
234	5	32	26	0:32:26	Simon	James	M	Steyning AC	Y
239	6	32	29	0:32:29	Antony	Bishop	M	Steyning AC	Y
344	7	32	32	0:32:32	Adrian	Park	M	Steyning AC	Y
316	8	32	33	0:32:33	Gary	Thayre	M	Phoenix A/C	N
24	9	32	45	0:32:45	Gill	Wheeler	F	Hailsham Harriers	N
245	10	32	51	0:32:51	Matthew	Hales	M	Steyning AC	Y
174	11	32	52	0:32:52	Pete	Lay	M	Worthing Harriers	Y
267	12	32	57	0:32:57	Dave	Richardson	M	Burgess Hill Runners	Y
283	13	33	05	0:33:05	Nick	Casburn	M	Chichester Runners	Y
296	14	33	17	0:33:17	Rob	Wiggins	M	Chichester Runners	Y
25	15	33	18	0:33:18	Barry	Andrews	M	Unaffiliated	N
252	16	33	18	0:33:18	Colin	Trigg	M	Steyning AC	Y
339	17	33	22	0:33:22	Simon	Hunt	M	Unaffiliated	N
163	18	33	29	0:33:29	Grant	Patterson	M	Worthing Harriers	Y
78	19	33	49	0:33:49	Steve	O'Donoghue	M	Arunners	Y
173	20	33	51	0:33:51	Andy	Nisbet	M	Worthing Harriers	Y
56	21	34	01	0:34:01	Adrian	Riley	M	Haywards Heath Harriers	Y
225	22	34	05	0:34:05	Steve	Kavanagh	M	Fittleworth Flyers	Y
273	23	34	07	0:34:07	Jo	Bryce	F	Burgess Hill Runners	Y
255	24	34	08	0:34:08	Camilla	Neale	F	Steyning AC	Y

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Number	Position	Mins	Secs	Time	Name	Surname	Sex	Running Club	WSFRL
309	25	34	20	0:34:20	Matt	Clarke	M	The Sixth Dimension	N
45	26	34	21	0:34:21	David	Binns	M	Worthing Striders	Y
170	27	34	27	0:34:27	John	Henty	M	Worthing Harriers	Y
59	28	34	32	0:34:32	Richard	Carter	M	Haywards Heath Harriers	Y
54	29	34	40	0:34:40	Andy	Biggs	M	Haywards Heath Harriers	Y
294	30	34	55	0:34:55	Lee	Neuman	M	Chichester Runners	Y
157	31	34	59	0:34:59	Jon	Austin	M	Worthing Harriers	Y
235	32	35	04	0:35:04	John	Mason	M	Steyning AC	Y
165	33	35	05	0:35:05	Lee	Gulliver	M	Worthing Harriers	Y
168	34	35	05	0:35:05	Wayne	Mortiboys	M	Worthing Harriers	Y
122	35	35	08	0:35:08	Caroline	Wood	F	Southwick Strollers	Y
231	36	35	10	0:35:10	Chris	Wigby	M	Fittleworth Flyers	Y
129	37	35	11	0:35:11	Pete	Wirtzfeld	M	Worthing Striders	Y
107	38	35	15	0:35:15	Brian	Friend	M	Southwick Strollers	Y
187	39	35	17	0:35:17	Deborah	Cawdery	F	Worthing Harriers	Y
53	40	35	18	0:35:18	Tim	Hicks	M	Haywards Heath Harriers	Y
64	41	35	19	0:35:19	Tim	Boone	M	Arunners	Y
55	42	35	19	0:35:19	Kim	Lo	F	Haywards Heath Harriers	Y
241	43	35	22	0:35:22	John	Killick	M	Steyning AC	Y
237	44	35	24	0:35:24	Lee	Oxley	M	Steyning AC	Y
249	45	35	31	0:35:31	Martin	Atkinson	M	Steyning AC	Y
90	46	35	37	0:35:37	Ollie	Critchfield	M	Arunners	Y
70	47	35	40	0:35:40	Darren	Blair	M	Arunners	Y
275	48	35	46	0:35:46	Fiona	Bussell	F	Burgess Hill Runners	Y

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Number	Position	Mins	Secs	Time	Name	Surname	Sex	Running Club	WSFRL
292	49	35	47	0:35:47	Shaun	McGreal	M	Chichester Runners	Y
221	50	35	54	0:35:54	Mark	Clawson	M	Fittleworth Flyers	Y
162	51	36	06	0:36:06	Henry	Teague-Smith	M	Worthing Harriers	Y
265	52	36	07	0:36:07	Colin	Adams	M	Burgess Hill Runners	Y
230	53	36	18	0:36:18	Terry	Roberts	M	Fittleworth Flyers	Y
21	54	36	21	0:36:21	Colin	Harley	M	Chichester Runners	Y
180	55	36	29	0:36:29	John	Morrey	M	Worthing Harriers	Y
84	56	36	43	0:36:43	Matt	Hood	M	Arunners	Y
190	57	36	51	0:36:51	Rebecca	Moore	F	Worthing Harriers	Y
50	58	36	53	0:36:53	Jason	Clifford	M	Fittleworth Flyers	Y
83	59	36	56	0:36:56	James	Peters	M	Arunners	Y
271	60	36	57	0:36:57	Andy	Sayers	M	Burgess Hill Runners	Y
240	61	36	58	0:36:58	Adrian	Brown	M	Steyning AC	Y
160	62	36	59	0:36:59	Alan	Clarke	M	Worthing Harriers	Y
303	63	37	01	0:37:01	Angela	Carpenter	F	Chichester Runners	Y
92	64	37	03	0:37:03	Alex	Critchfield	M	Arunners	Y
88	65	37	10	0:37:10	Micheal	Caffyn	M	Arunners	Y
73	66	37	12	0:37:12	Terry	Webb	M	Arunners	Y
27	67	37	13	0:37:13	Steve	Chalkey	M	Portslade Hedgehoppers	Y
176	68	37	17	0:37:17	Matt	Watson	M	Worthing Harriers	Y
69	69	37	19	0:37:19	Rebecca	Woodman	F	Arunners	Y
348	70	37	24	0:37:24	Timothy	Pupkin	M	Haywards Heath Harriers	Y
218	71	37	25	0:37:25	Linda	Tombs	F	Fittleworth Flyers	Y
103	72	37	27	0:37:27	Mark	Stephenson	M	Southwick Strollers	Y

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Number	Position	Mins	Secs	Time	Name	Surname	Sex	Running Club	WSFRL
205	73	37	27	0:37:27	Leah	Luff	F	Worthing Harriers	Y
77	74	37	28	0:37:28	Marlon	Cusden	M	Arunners	Y
136	75	37	37	0:37:37	Janice	Jones	F	Worthing Striders	Y
47	76	37	39	0:37:39	Chris	Troake	M	Unaffiliated	N
212	77	37	43	0:37:43	Sam	Angell	M	Fittleworth Flyers	Y
223	78	37	50	0:37:50	Des	Doran	M	Fittleworth Flyers	Y
301	79	37	55	0:37:55	Katherine	Bond	F	Chichester Runners	Y
248	80	37	57	0:37:57	Adrian	Scott	M	Steyning AC	Y
109	81	37	58	0:37:58	Phil	Oakes	M	Southwick Strollers	Y
293	82	38	01	0:38:01	Martin	Miller	M	Chichester Runners	Y
341	83	38	04	0:38:04	Judith	Carder	F	Brighton & Hove City	N
182	84	38	07	0:38:07	Patrick	Carter	M	Worthing Harriers	Y
254	85	38	11	0:38:11	Amanda	Oxley	F	Steyning AC	Y
141	86	38	14	0:38:14	Chris	Hayes	M	Lancing Eagles	Y
51	87	38	15	0:38:15	Gary	Payne	M	Portslade Hedgehoppers	Y
52	88	38	19	0:38:19	James	Millen	M	Portslade Hedgehoppers	Y
250	89	38	19	0:38:19	Jon	Brook	M	Steyning AC	Y
215	90	38	22	0:38:22	Jannion	Ireland	F	Fittleworth Flyers	Y
175	91	38	26	0:38:26	David	Funnell	M	Worthing Harriers	Y
310	92	38	33	0:38:33	David	Mason	M	Arena 80	Y
26	93	38	34	0:38:34	Geoff	Smith	M	Unaffiliated	N
288	94	38	36	0:38:36	Jan	Hill	M	Chichester Runners	Y
132	95	38	42	0:38:42	Simon	Crook	M	Worthing Striders	Y
335	96	38	43	0:38:43	Neil	Graham	M	Lancing Eagles	Y

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Number	Position	Mins	Secs	Time	Name	Surname	Sex	Running Club	WSFRL
264	97	38	44	0:38:44	Stuart	Condie	M	Burgess Hill Runners	Y
39	98	38	48	0:38:48	Jenny	Hughes	F	Portslade Hedgehoppers	Y
6	99	38	53	0:38:53	James	Mears	M	Chichester Runners	Y
87	100	39	28	0:39:28	Peter	Jones	M	Arunners	Y
171	101	39	28	0:39:28	Ian	Foster	M	Worthing Harriers	Y
161	102	39	29	0:39:29	Mark	Watson	M	Worthing Harriers	Y
164	103	39	33	0:39:33	Robin	Stocker	M	Worthing Harriers	Y
130	104	39	34	0:39:34	Richard	Speller	M	Worthing Striders	Y
172	105	39	45	0:39:45	Roger	Moore	M	Worthing Harriers	Y
313	106	39	46	0:39:46	Reg	Shirley	M	Goring Road Runners	Y
290	107	39	49	0:39:49	Kevin	Hughes	M	Chichester Runners	Y
34	108	40	02	0:40:02	Paul	Rawlinson	M	Portslade Hedgehoppers	Y
319	109	40	18	0:40:18	Barry	Waller	M	Worthing Harriers	Y
134	110	40	27	0:40:27	Keith	Bolton	M	Worthing Striders	Y
284	111	40	31	0:40:31	Tony	Cooley	M	Chichester Runners	Y
29	112	40	33	0:40:33	Etienne	Gray	M	Portslade Hedgehoppers	Y
308	113	40	34	0:40:34	Trudi	Cunningham	F	Chichester Runners	Y
342	114	40	38	0:40:38	Graham	Westlake	M	Unaffiliated	N
80	115	40	40	0:40:40	Nuala	Smyth	F	Arunners	Y
278	116	40	41	0:40:41	Alice	Lyle	F	Burgess Hill Runners	Y
238	117	40	43	0:40:43	Ross	Wellby	M	Steyning AC	Y
89	118	40	45	0:40:45	Thomas	Caffyn	M	Arunners	Y
145	119	40	50	0:40:50	Andrew	Blake	M	Lancing Eagles	Y
195	120	40	52	0:40:52	James	Priest	M	Worthing Harriers	Y

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Number	Position	Mins	Secs	Time	Name	Surname	Sex	Running Club	WSFRL
289	121	40	54	0:40:54	Roger	Hobbs	M	Chichester Runners	Y
287	122	40	56	0:40:56	Terry	Healy	M	Chichester Runners	Y
67	123	40	57	0:40:57	Russ	Docherty	M	Arunners	Y
194	124	41	00	0:41:00	Sue	Eames	F	Worthing Harriers	Y
139	125	41	01	0:41:01	Jess	Holmes-Dove	F	Worthing Striders	Y
37	126	41	02	0:41:02	Marilyn	Gray	F	Portslade Hedgehoppers	Y
268	127	41	09	0:41:09	Dave	Woodhouse	M	Burgess Hill Runners	Y
244	128	41	15	0:41:15	Liam	Beamish	M	Steyning AC	Y
276	129	41	18	0:41:18	Jo	Rendall	F	Burgess Hill Runners	Y
262	130	41	22	0:41:22	Steve	Bishop	M	Burgess Hill Runners	Y
282	131	41	23	0:41:23	John	Betts	M	Chichester Runners	Y
191	132	41	25	0:41:25	Emily	Moore	F	Worthing Harriers	Y
128	133	41	27	0:41:27	Alasdair	Coyle	M	Horsham Joggers	Y
330	134	41	28	0:41:28	Zoe	Jones	F	Unaffiliated	N
260	135	41	29	0:41:29	Sue	Ford-Dunn	F	Steyning AC	Y
113	136	41	32	0:41:32	Malcolm	Da Costa	M	Southwick Strollers	Y
48	137	41	34	0:41:34	Paul	Hurley	M	Unaffiliated	N
XXX	138	41	47	0:41:47	No	Race Number	M	XXXX	XX
349	139	41	50	0:41:50	Stuart	Medhurst	M	Unaffiliated	N
217	140	41	53	0:41:53	Natalie	Smith	F	Fittleworth Flyers	Y
302	141	41	54	0:41:54	Sarah	Burholt	F	Chichester Runners	Y
315	142	41	57	0:41:57	David	Dawson	M	Unaffiliated	N
17	143	42	06	0:42:06	Richard	Cieslik	M	Farnham Runners	N
272	144	42	11	0:42:11	Jan	Lavis	F	Burgess Hill Runners	Y

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Number	Position	Mins	Secs	Time	Name	Surname	Sex	Running Club	WSFRL
154	145	42	20	0:42:20	Bill	Mackrell	M	Saints and Sinners	Y
355	146	42	22	0:42:22	Neil	Butcher	M	Unaffiliated	N
329	147	42	27	0:42:27	Isobel	Muir	F	Arena 80	Y
340	148	42	38	0:42:38	Tim	Carder	M	Brighton & Hove City	N
135	149	42	49	0:42:49	Dawn	Cobbett	F	Worthing Striders	Y
97	150	42	53	0:42:53	Carl	Rota	M	Arunners	Y
74	151	42	58	0:42:58	Gemma	Early	F	Arunners	Y
5	152	42	59	0:42:59	Robert	Mears	M	Chichester Runners	Y
30	153	43	02	0:43:02	Vic	Wills	M	Portslade Hedgehoppers	Y
181	154	43	06	0:43:06	Roger	Wickham	M	Worthing Harriers	Y
96	155	43	08	0:43:08	Robert	Ingram	M	Arunners	Y
298	156	43	13	0:43:13	Sue	Barty	F	Chichester Runners	Y
333	157	43	16	0:43:16	Stephen	Mahoney	M	Unaffiliated	N
140	158	43	17	0:43:17	John	Little	M	Lancing Eagles	Y
216	159	43	22	0:43:22	Bev	Reece	F	Fittleworth Flyers	Y
220	160	43	24	0:43:24	Bill	Bedford	M	Fittleworth Flyers	Y
36	161	43	30	0:43:30	Catherine	Page	F	Portslade Hedgehoppers	Y
146	162	43	35	0:43:35	Christine	Judd	F	Lancing Eagles	Y
2	163	43	36	0:43:36	Julie	Howey	F	Unaffiliated	N
356	164	43	40	0:43:40	Georgina	Nightingall	F	Unaffiliated	N
44	165	43	41	0:43:41	David	Hills	M	Unaffiliated	N
11	166	43	44	0:43:44	Roger	Ockenden	M	Arena 80	Y
31	167	43	53	0:43:53	Peter	Hedgethorne	M	Portslade Hedgehoppers	Y
61	168	44	01	0:44:01	Rupert	Purchase	M	Haywards Heath Harriers	Y

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277	169	44	03	0:44:03	Sue	Lyle	F	Burgess Hill Runners	Y
184	170	44	04	0:44:04	John	Crosbie	M	Worthing Harriers	Y
197	171	44	08	0:44:08	Vikki	Sampson	F	Worthing Harriers	Y
189	172	44	11	0:44:11	Clare	Moore	F	Worthing Harriers	Y
323	173	44	11	0:44:11	Victoria	Seth	F	Worthing Harriers	Y
208	174	44	14	0:44:14	Stella	Daff	F	Fittleworth Flyers	Y
281	175	44	18	0:44:18	Suzie	Sturgeon	F	Burgess Hill Runners	Y
257	176	44	21	0:44:21	Liz	Claridge	F	Steyning AC	Y
242	177	44	27	0:44:27	Dave	King	M	Steyning AC	Y
324	178	44	30	0:44:30	Rachel	Gifford	F	Worthing Harriers	Y
253	179	44	48	0:44:48	Cindi	Halloren	F	Steyning AC	Y
320	181	44	51	0:44:51	Peter	Miller	M	Lewes AC	Y
58	182	44	52	0:44:52	Jeremy	Burrows	M	Haywards Heath Harriers	Y
266	183	44	58	0:44:58	Sally	Symes	F	Burgess Hill Runners	Y
353	184	45	08	0:45:08	Richard	Light	M	Burgess Hill Runners	Y
40	185	45	10	0:45:10	Sarah	Jolly	F	Portslade Hedgehoppers	Y
204	186	45	11	0:45:11	Lesley	Tugwell	F	Worthing Harriers	Y
147	187	45	12	0:45:12	Mel	Scrace	F	Lancing Eagles	Y
104	188	45	20	0:45:20	Andrew	Haig	M	Southwick Strollers	Y
95	189	45	21	0:45:21	Gayleen	Scott	F	Arunners	Y
274	190	45	31	0:45:31	Gill	Berglund	F	Burgess Hill Runners	Y
334	191	45	35	0:45:35	Jo	Taylor	F	Lancing Eagles	Y
99	192	45	36	0:45:36	Anna	Kirkpatrick	F	Arunners	Y
3	193	45	38	0:45:38	Arthur	Matthews	M	Unaffiliated	N

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98	194	45	39	0:45:39	Cliff	Peters	M	Arunners	Y
1	195	45	46	0:45:46	Karen	Coleman	F	Unaffiliated	N
295	196	45	50	0:45:50	Phil	Stansfield	M	Chichester Runners	Y
261	197	45	50	0:45:50	Keith	Delderfield	M	Burgess Hill Runners	Y
317	198	45	52	0:45:52	Peter	Wiggins	M	Winchester & Dist	N
206	199	45	53	0:45:53	Carolyn	Eva	F	Worthing Harriers	Y
123	200	46	01	0:46:01	Cathy	Fall	F	Southwick Strollers	Y
198	201	46	02	0:46:02	Judi	Maledy	F	Worthing Harriers	Y
236	202	46	05	0:46:05	Mike	Miller	M	Steyning AC	Y
117	203	46	06	0:46:06	Rachel	O'Brien	F	Southwick Strollers	Y
116	204	46	13	0:46:13	Sara	Da Costa	F	Southwick Strollers	Y
63	205	46	26	0:46:26	Wendy	Whelan	F	Arunners	Y
15	206	46	36	0:46:36	David	Peters	M	Vets AC	N
297	207	46	39	0:46:39	Sue	Baker	F	Chichester Runners	Y
16	208	46	48	0:46:48	Caroline	Freeman	F	Farnham Runners	N
203	209	46	49	0:46:49	Carla	Day	F	Worthing Harriers	Y
28	210	46	50	0:46:50	Cliff	Feeney	M	Portslade Hedgehoppers	Y
57	211	46	51	0:46:51	Sue	Burrows	F	Haywards Heath Harriers	Y
158	212	46	57	0:46:57	David	Randall	M	Worthing Harriers	Y
229	213	47	07	0:47:07	Jack	Harding	M	Fittleworth Flyers	Y
350	214	47	14	0:47:14	Alison	Hatch	F	Burgess Hill Runners	Y
18	215	47	19	0:47:19	John	Mason	M	Arena 80	Y
76	216	47	24	0:47:24	Phil	McErlain	M	Arunners	Y
222	217	47	26	0:47:26	Matt	Davis	M	Fittleworth Flyers	Y

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Number	Position	Mins	Secs	Time	Name	Surname	Sex	Running Club	WSFRL
306	218	47	28	0:47:28	Jill	Renson	F	Chichester Runners	Y
81	219	47	30	0:47:30	Nigel	Peters	M	Arunners	Y
196	220	47	30	0:47:30	Anne	Belchamber	F	Worthing Harriers	Y
326	221	47	37	0:47:37	Andrew	Forbes	M	Unaffiliated	N
280	222	47	37	0:47:37	Carrie	Lawson	F	Burgess Hill Runners	Y
345	223	47	43	0:47:43	Tomasin	Hill	F	Unaffiliated	N
331	224	47	49	0:47:49	Alan	Smith	M	Horsham Joggers	Y
4	225	47	59	0:47:59	Emma	Norris	F	Crawley Tri Club	N
188	226	48	05	0:48:05	Andrea	Carder	F	Worthing Harriers	Y
311	227	48	06	0:48:06	Mick	Dee	M	Henfield Joggers	Y
213	228	48	14	0:48:14	Jacqueline	Murphy	F	Fittleworth Flyers	Y
322	229	48	19	0:48:19	Hannah	Seth	F	Worthing Harriers	Y
41	230	48	19	0:48:19	Stella	Kent	F	Portslade Hedgehoppers	Y
243	231	48	22	0:48:22	Roger	Beaumont	M	Steyning AC	Y
178	232	48	28	0:48:28	Martin	Zoutewelle	M	Worthing Harriers	Y
286	233	48	29	0:48:29	Dave	Grunwell	M	Chichester Runners	Y
232	234	48	32	0:48:32	Matthew	Anderson	M	Fittleworth Flyers	Y
133	235	48	35	0:48:35	Chris	Dove	M	Worthing Striders	Y
357	236	48	37	0:48:37	Trevor	Payne	M	Portslade Hedgehoppers	Y
224	237	48	38	0:48:38	Robin	Evenden	M	Fittleworth Flyers	Y
210	238	48	40	0:48:40	Dawn	Davis	F	Fittleworth Flyers	Y
352	239	48	42	0:48:42	Jeremy	McNeile	M	Unaffiliated	N
200	240	48	43	0:48:43	Jill	Child	F	Worthing Harriers	Y
119	241	48	51	0:48:51	Sue	Noakes	F	Southwick Strollers	Y

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43	242	48	52	0:48:52	Helen	Dear	F	Portslade Hedgehoppers	Y
185	243	48	57	0:48:57	Sally	Sugden	F	Worthing Harriers	Y
62	244	48	58	0:48:58	Sue	Robinson	F	Haywards Heath Harriers	Y
346	245	49	02	0:49:02	Cath	Beckett	F	Burgess Hill Runners	Y
211	246	49	04	0:49:04	Laura	Hind	F	Fittleworth Flyers	Y
102	247	49	15	0:49:15	Jim	Noakes	M	Southwick Strollers	Y
332	248	49	30	0:49:30	David	Peel	M	Haywards Heath Harriers	Y
299	249	49	35	0:49:35	Rosie	Benham	F	Chichester Runners	Y
314	250	49	54	0:49:54	Lorraine	Shirley	F	Goring Road Runners	Y
209	251	49	56	0:49:56	John	Barstow	M	Fittleworth Flyers	Y
23	252	50	01	0:50:01	David	Prestwich	M	Unaffiliated	N
142	253	50	8	0:50:08	Roger	Locke	M	Lancing Eagles	Y
32	254	50	26	0:50:26	Ian	Kent	M	Portslade Hedgehoppers	Y
269	255	50	35	0:50:35	Kjell	Berglund	M	Burgess Hill Runners	Y
256	256	50	36	0:50:36	Alison	Brown	F	Steyning AC	Y
38	257	50	37	0:50:37	Sarah	Wills	F	Portslade Hedgehoppers	Y
19	258	50	41	0:50:41	Mike	Gutteridge	M	Unaffiliated	N
72	259	50	44	0:50:44	Jo	Rickard	F	Arunners	Y
351	260	51	04	0:51:04	Adrian	Barker	M	Unaffiliated	N
33	261	51	10	0:51:10	Gerry	Mooney	M	Portslade Hedgehoppers	Y
9	262	51	52	0:51:52	John	Baitup	M	Tone Zone Running	N
71	263	51	54	0:51:54	Liz	Crockford	F	Arunners	Y
251	264	52	00	0:52:00	Richard	Evans	M	Steyning AC	Y
100	265	52	14	0:52:14	Maria	Davey	F	Arunners	Y

FITTLEWORTH FLYERS 5 RESULTS 2009

Race		Race							
Number	Position	Mins	Secs	Time	Name	Surname	Sex	Running Club	WSFRL
325	266	52	29	0:52:29	Roy	Smith	M	Unaffiliated	N
46	267	52	32	0:52:32	Dave	Harris	M	Goring Road Runners	Y
14	268	53	07	0:53:07	Amanda	Barden	F	Unaffiliated	N
354	269	53	20	0:53:20	Fiona	Butcher	F	Unaffiliated	N
186	270	53	52	0:53:52	Sue	Teague-Smith	F	Worthing Harriers	Y
121	271	54	04	0:54:04	Karen	Newman	F	Southwick Strollers	Y
137	272	54	54	0:54:54	Nicki	King	F	Worthing Striders	Y
20	273	55	00	0:55:00	Carolyn	Gutteridge	F	Unaffiliated	N
327	274	55	01	0:55:01	Rosie	Twine	F	Unaffiliated	N
328	275	55	10	0:55:10	Nicola	Masham	F	Unaffiliated	N
138	276	55	15	0:55:15	Sam	Roberts	F	Worthing Striders	Y
22	277	55	49	0:55:49	Lynn	Harley	F	Chichester Runners	Y
155	278	55	57	0:55:57	Sue	Mackrell	F	Saints and Sinners	Y
258	279	55	57	0:55:57	Andie	Armstrong	F	Steyning AC	Y
259	280	56	40	0:56:40	Sue	Craig	F	Steyning AC	Y
101	281	56	48	0:56:48	Claire	Davey	F	Arunners	Y
279	282	57	01	0:57:01	Liz	Waite	F	Burgess Hill Runners	Y
192	283	57	31	0:57:31	Carolyn	Poppeliers	F	Worthing Harriers	Y
65	284	57	42	0:57:42	Tania	Carter	F	Arunners	Y
337	285	57	43	0:57:43	Shelley	Cushway	F	Unaffiliated	N
338	286	57	52	0:57:52	Paul	Cushway	M	Unaffiliated	N
247	287	58	10	0:58:10	John	Scott	M	Steyning AC	Y
149	288	59	35	0:59:35	Brian	Purnell	M	Saints and Sinners	Y
66	289	59	42	0:59:42	Wendy	Squires	F	Arunners	Y

FITTLEWORTH FLYERS 5 RESULTS 2009

Race		Race							
Number	Position	Mins	Secs	Time	Name	Surname	Sex	Running Club	WSFRL
179	290	59	50	0:59:50	Graham	Morrey	M	Worthing Harriers	Y
307	291	59	51	0:59:51	Julie	Stansfield	F	Chichester Runners	Y
151	292	59	52	0:59:52	Nora	Davis	F	Saints and Sinners	Y
13	293	60	20	1:00:20	Rachel	Nicholson	F	Unaffiliated	N
304	294	60	33	1:00:33	Francine	Heddley-Goddard	F	Chichester Runners	Y
219	295	60	46	1:00:46	Emma	Harding	F	Fittleworth Flyers	Y
85	296	60	49	1:00:49	Jan	de Landtsheer	M	Arunners	Y
202	297	60	54	1:00:54	Teresa	Boxall	F	Worthing Harriers	Y
201	298	61	19	1:01:19	June	Pope	F	Worthing Harriers	Y
159	299	61	19	1:01:19	Tracey	Penwarden	F	Worthing Harriers	Y
347	300	61	20	1:01:20	Tony	McGrath	M	Unaffiliated	N
207	301	61	48	1:01:48	Charlotte	Croft	F	Fittleworth Flyers	Y
199	302	62	24	1:02:24	Anne	Morrey	F	Worthing Harriers	Y
42	303	62	25	1:02:25	Jenny	Taylor	F	Portslade Hedgehoppers	Y
35	304	62	54	1:02:54	Roy	Taylor	M	Portslade Hedgehoppers	Y
148	305	62	56	1:02:56	Catherine	Grundy	F	Lancing Eagles	Y
144	306	62	59	1:02:59	Bryan	Grundy	M	Lancing Eagles	Y
193	307	63	00	1:03:00	Louise	Fairs	F	Worthing Harriers	Y
183	308	64	36	1:04:36	Mike	Knight	M	Worthing Harriers	Y
131	309	66	21	1:06:21	Chris	Sewell	M	Worthing Striders	Y
86	310	69	23	1:09:23	Tom	Bromley	M	Arunners	Y
93	311	69	55	1:09:55	Chris	Rhodes	M	Arunners	Y
300	312	71	17	1:11:17	Janice	Betts	F	Chichester Runners	Y
318	313	74	28	1:14:28	Charlene	Joe	F	Unaffiliated	N

FITTLEWORTH FLYERS 5 RESULTS 2009

Race		Race							
Number	Position	Mins	Secs	Time	Name	Surname	Sex	Running Club	WSFRL
336	314	87	36	1:27:36	Au	Darrington	F	Unaffiliated	N
312	315	88	05	1:28:05	Cynthia	Dee	F	Henfield Joggers	Y
227	316	88	19	1:28:19	Trevor	Neal	M	Fittleworth Flyers	Y
228	317	89	09	1:29:09	John	Nicel	M	Fittleworth Flyers	Y
7				0:00:00	Raff	Vitale	M	Horsham Joggers	Y
8				0:00:00	Ian	Rosewarne	M	Unaffiliated	N
10				0:00:00	Tony	Dunne	M	Fittleworth Flyers	Y
12				0:00:00	Caroline	Mendes	F	Unaffiliated	N
49				0:00:00	Rodney	Baker	M	Unaffiliated	N
60				0:00:00	John	Humphries	M	Haywards Heath Harriers	Y
68				0:00:00	Hannah	Brown	F	Arunners	Y
75				0:00:00	Tim	Caffyn	M	Arunners	Y
82				0:00:00	Mandy	Peters	F	Arunners	Y
91				0:00:00	Tim	Critchfield	M	Arunners	Y
94				0:00:00	Hayley	McKenna	F	Arunners	Y
105				0:00:00	Pete	Boy	M	Southwick Strollers	Y
106				0:00:00	Paul	Amoo	M	Southwick Strollers	Y
108				0:00:00	Russ	Akehurst	M	Southwick Strollers	Y
110				0:00:00	Ben	Clark	M	Southwick Strollers	Y
111				0:00:00	Ro	Harrington	M	Southwick Strollers	Y
112				0:00:00	Colin	Simpson	M	Southwick Strollers	Y
114				0:00:00	Spencer	Kemp	M	Southwick Strollers	Y
115				0:00:00	Andy	Skelton	M	Southwick Strollers	Y
118				0:00:00	Jean	Wright	F	Southwick Strollers	Y

