

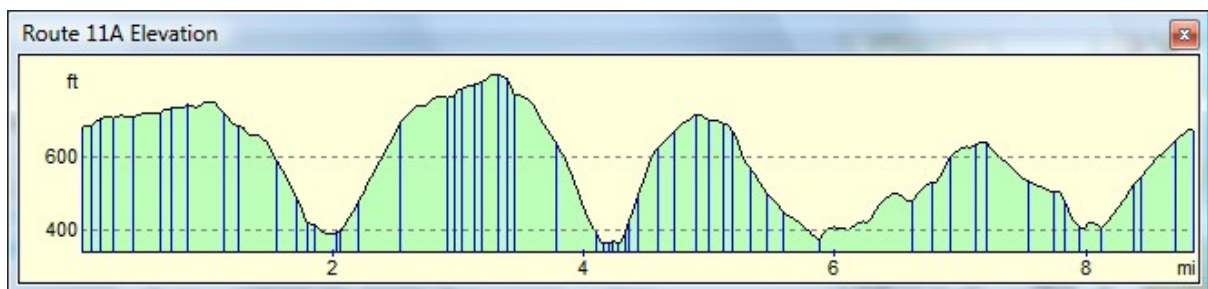
Route 11A – The Upwaltham Hill roller-coaster

8.9 miles


This route starts from Bignor Hill car park, then heads north-west on the South Downs Way Littleton Farm. Cross the A285 and do a loop over Littleton Down, and back over the A285 at Upwaltham Church. Climb up the north side of Upwaltham Hill, and then down the south side. Head north-west along Stone Street, back towards Bignor Hill. Then a final down-and-up around Great Bottom (which in another sense could be yours with all this hill training!).






It is all off-road, a mixture of tracks, paths and grass.







Profile













Route







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| 1. Start from Bignor Hill Car Park on the South Downs Way, grid reference SU 97380 12922, lat/long 50°54'27"N 0°36'59"W. | | Miles |
| 2. Head west along the South Downs way. |  | |
| 3. After 150 yards turn left, still on the South Downs Way. |  | 250yds |





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| <p>4. After 200 yards bear right, still on the South Downs Way.</p> |  | <p>0.25</p> |
| <p>5. Go through a gate into the field, the radio masts are on the hill to your right. Follow the path straight along with the fence to your left.</p> | | |
| <p>6. At the end of the field, go through another gate. Continue straight ahead on the South Downs Way.</p> |  | <p>0.7</p> |
| <p>7. After 1.3 miles you come to the A285 at Littleton Farm. Cross the road.</p> <p>TAKE GREAT CARE WHEN CROSSING THIS ROAD, TRAFFIC CAN BE VERY FAST!!</p> |  | <p>2</p> |
| <p>8. Continue up the hill into the field.</p> |  | <p>2.18</p> |
| <p>9. Continue straight ahead into the next field.</p> |  | <p>2.4</p> |

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| <p>10. Follow the path through the short woody section to the 'Tegleaze' post. Turn left.</p> |  | <p>2.89</p> |
| <p>11. After 120 yards turn left onto the grassy track.</p> |  | <p>2.96</p> |
| <p>12. After ¼ mile, the path splits. Keep straight ahead.</p> |  | <p>3.21</p> |
| <p>13. After 100 yards you come to a gnarled beech tree and a finger post. Turn right along the edge of the field heading WSW.</p> |  | <p>3.28</p> |
| <p>14. After 280 yards, at the end of the field, turn left along the track heading SSE.</p> |  | <p>3.44</p> |
| <p>15. Follow the main track straight ahead for ½ mile.</p> |  | |

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| <p>16. Follow the path down the hill to the A285. Cross the road and through the gate on the other side (signed Public Bridleway). AGAIN BE VERY CAREFUL WHEN CROSSING THIS ROAD!!</p> |  | <p>4.15</p> |
| <p>17. Pass the container on your left, then turn right keeping the fence on your left.</p> |  | <p>4.21</p> |
| <p>18. After 100 yards, you come to the farm. Turn left.</p> |  | <p>4.27</p> |
| <p>19. Then through the gate and up the hill. (Enjoy the climb!)</p> |  | <p>4.27</p> |
| <p>20. After climbing for ½ mile, continue straight ahead, slightly left, across the field.</p> |  | <p>4.71</p> |

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| <p>21. At the end of the field, go into the wood.</p> |  | <p>4.87</p> |
| <p>22. At the bridleway T-junction, turn right.</p> |  | <p>5.09</p> |
| <p>23. Then immediately turn left down the hill.</p> |  | |
| <p>24. After ¾ mile, at the bottom of the hill, at the large sign post, turn left heading NE.</p> |  | <p>5.87</p> |
| <p>25. Follow the path heading NE all the way for 1 ¼ miles to the third wooden gate. (You pass through two other pedestrian gates along the way).</p> | | |
| <p>26. Go through the gate and turn right heading ESE.</p> |  | <p>7.12</p> |

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| <p>27. After 150 yards turn right, heading SSE.</p> |  | <p>7.2</p> |
| <p>28. After 300 yards, ignore the fork to the right, continue straight ahead.</p> |  | <p>7.39</p> |
| <p>29. After 1/3 mile, at the fork in the track, keep left.</p> |  | <p>7.74</p> |
| <p>30. After 50 yards, bear round to the left and into the field.</p> |  | <p>7.75</p> |
| <p>31. Follow the finger posts right...</p> |  | |
| <p>32. ... and left.</p> |  | |

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| <p>33. Continue straight ahead with the large fir trees on your left.</p> |  | <p>7.94</p> |
| <p>34. After 280 yards, turn left up the hill.</p> |  | <p>8.1</p> |
| <p>35. After ¼ mile, keep left at the fork.</p> |  | <p>8.37</p> |
| <p>36. At the crossroads in the track, continue straight ahead up the hill.</p> |  | <p>8.71</p> |
| <p>37. You arrive back at Bignor Hill car park.</p> | | <p>8.9</p> |