

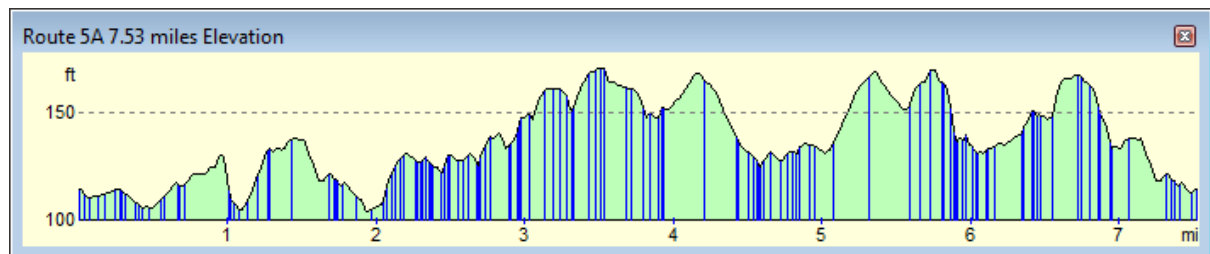
Route 5A – Terry’s Street Run, Storrington

7.5 miles

This route starts from Chanctonbury Leisure Centre, Storrington. It loops around the Storrington and Sullington streets. It is mainly flat with a few undulations.

It is all road.

Profile



Route

1. Start from Chanctonbury Leisure Centre, Storrington.
2. Turn left out of the car park into Hormare Crescent.
3. Take the first left, also Hormare Crescent.
4. Follow Hormare Crescent around in a circle, returning past the Leisure Centre which is now on your right.
5. Continue to the mini-roundabout on the A283 at the duck pond.
6. Cross the road and turn right on the A283 heading W towards Pulborough.
7. 1 mile: After 600 yards turn left down Newtown Road.
8. After 400 yards turn left on the main road (Amberley Road).
9. After 700 yards, turn left across the Esso garage forecourt, then left again on the A283.
10. Cross the road, continue heading W along the A283.

11. After 50 yards, turn right at the mini-roundabout into Spierbridge Road (which leads back to the Leisure Centre).
12. After 170 yards, take the second turning on the right (immediately opposite the Leisure Centre car park entrance), also Spierbridge Road.
13. Follow Spierbridge Road round to the right.
14. After 550 yards, follow the road round to the left into North Street.
15. 2.3 miles: After 250 yards, turn left onto the High Street.
16. After 80 yards take the next left signed for the bus station.
17. You pass the Gulf petrol station on your right.
18. After 230 yards, turn left into Hawthorn Way.
19. Bear round to the right into Merryfield Road.
20. Turn right at the T junction (Fryern Road).
21. 3 miles: After 370 yards, turn left into Wantley Lane, which becomes Downsview Avenue. (Note: The Wantley Lane section is 1 mile out and back)
22. After 450 yards, turn left into Greenfield Way.
23. Take the first right up Aldermoor Avenue.
24. Turn right at the T junction at the end of Aldermoor Avenue onto Melton Drive.
25. Turn right at the T junction into Downsview Avenue.
26. Continue along Downsview Avenue into Wantley Lane.
27. Turn left at the T junction at the end of Wantley Lane, into Fryern Road.
28. At the end of Fryern Road turn left into Thakeham Road. (Note: The Thakeham Road section is 1.67 miles out and back).
29. 4.4 miles: After half a mile, turn left into Water Lane.
30. After 250 yards, take the second right into Brook Close.

31. Take the first right into Southdown Way.
32. Take the first left into Rother Close.
33. Take the first right into Jubilee Way (sign is unclear).
34. Take the first left into Concorde Close.
35. At the end of Concorde Close, turn right onto the main road through railings. This is Storrington Road.
36. Turn right at the mini-roundabout opposite the Community College, signed B2139. This is Thakeham Road.
37. After 210 yards, at the next roundabout continue straight ahead on Thakeham Road.
38. 5.6 miles: After half a mile, at the junction with Fryern Road (immediately after the Storrington sign), turn left through the railings into Nightingale Lane. (You can continue straight ahead here to Storrington Village to cut the run short).
39. After 370 yards turn right onto the main road (A283). Stay on the pavement on the right until Byne Close. Then cross the road.
40. Turn left into Meadowside.
41. Follow Meadowside round. Do not turn up Ravenscroft.
42. After 400 yards, ignore the turning off to the right, also signed Meadowside. Continue ahead (this becomes Brown's Lane).
43. After 350 yards, the road narrows with a stone wall on your left. Continue ahead to the T junction.
44. At the T junction, turn left up Church Street towards the church.
45. After 70 yards, turn sharp right around the church wall into School Lane.
46. 6.6 miles: After 300 yards, the road turns round to the right after the monastery. Continue straight ahead up Kithurst Lane. This is not well lit.
47. After 260 yards, just over the brow of the hill, turn right on a short gravel path through a gap in the hedge, between two concrete posts, onto Kithurst Park.

48. Begin your cool down here.
49. At the T junction, turn right on the main road (Amberley Road).
50. After 670 yards, turn left across the Esso garage forecourt, then left again on the A283.
51. Cross the road, continue heading W along the A283.
52. After 50 yards, turn right at the mini-roundabout into Spierbridge Road.
53. 7.5 miles: After 170 yards, turn left into the Leisure Centre car park.